

## Basic package 2023

Find the list in Dutch on the [government's website](#).

<b>Kind of care</b>	<b>Explanation</b>	<b>Deductable</b>	<b>Statutory personal contribution</b>
<b>GP Dentist</b>	Visit tot he GP	No	No
	Children up to 18 years: check-up and treatment; and fluoride treatment for children up to 6 years old who are getting 'permanent' teeth	No	No
	From 18 years: surgical dental care and X-ray examination.	Yes	No
<b>Medical Specialist Hospital</b>	Visit to a medical specialist, such as a dental surgeon, internist or allergist	Yes	No
	Hospital stay, surgeries and emergency care in the hospital	Yes	No
<b>Ziekenvervoer</b>	Ambulance transport	Yes	No
	Patient transport by car or public transport	Yes	Yes
	Patients who are treated for several days in a row can also opt for an accommodation allowance instead of the reimbursement for transport costs.	Yes	No
<b>Medicines</b>	Most medicines	Yes	No, unless you choose a more expensive medicine yourself.
<b>Bloodtests</b>	Blood test via GP and medical specialist	Yes	No
<b>Mental health</b>	<ul style="list-style-type: none"> <li>• Basic mental health care, ie care for people with mild to moderate psychological disorders; for example, conversations with a psychologist or internet treatment (e-health).</li> <li>• Specialist mental health care, ie care for people with serious, complicated psychological disorders.</li> <li>• First 3 years stay in a mental health institution.</li> </ul>	Yes	No
<b>Fysiotherapist</b>	Children up to the age of 18 years: are reimbursed for a maximum of 18 treatments (2x9) for physiotherapy	No	No

	From 18 years: (limited) physiotherapy and remedial therapy of the 21st treatment for conditions on the chronic list. You usually pay for the first 20 treatments yourself	Yes	No
	Pelvic physiotherapy for urinary incontinence up to and including the 9th treatment	Yes	No
	Exercise therapy for osteoarthritis of the hip and knee joints up to and including the 12th treatment	Yes	No
	Exercise therapy for intermittent claudication (shop window legs) up to and including the 37th treatment	Yes	No
	Exercise therapy for COPD up to and including the 70th treatment in the first year	Yes	No
<b>Speech therapist</b>	The treatment must have a medical purpose	Yes	No
<b>Occupational therapy</b>	A maximum of 10 treatment hours per calendar year	Yes	No
<b>Dietary advice</b>	Maximum 3 treatment hours per calendar year	Yes	No
<b>Pregnancy and birth</b>	Obstetric care	No	No
	maternity care	No	Yes, contribution per hour
<b>District nursing</b>	District nursing including personal budget for district nursing	No	No
<b>Medical device</b>	Aids for treatment, nursing, rehabilitation, care or a specific disability. Such as a hearing aid or orthopedic shoes. Note: no rollators and other simple walking aids	Yes	Extra payment depends on the type of device
<b>Disabled care</b>	Care for disabled people who do not hear or see well or who have a language development disorder	Yes	No
	Treatment by a doctor for the mentally handicapped (AVG)	Yes	No
<b>Elderly care</b>	Rehabilitation care for the elderly	Yes	No
	Treatment by a geriatric specialist (SO)	Yes	No
<b>Combined Lifestyle Intervention (GLI)</b>	Care for overweight or obese people. A GLI is aimed at a behavioral change to achieve and maintain a healthy lifestyle.	No	No