

# CYCLE ROUTES

## RIJK VAN NIJMEGEN

16

FREE  
ROUTES



# HAPPY CYCLING!

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**The region known as the Rijk van Nijmegen is notable for its blend of urban and rural landscapes. The area has loads of superb cycle routes to offer: through woods, over gently rolling hills with views of the floodplains, through vineyards and vast nature reserves. And all this beautiful scenery is within cycling distance of the centre of Nijmegen! Discover the history of this old city - which dates back to Roman times - and savour its youthful atmosphere, which is expressed in its modern art and bustling city life. The 16 cycle routes in this booklet will show you all the highlights of the Rijk van Nijmegen, taking you to the best spots to relax.**

All 16 cycle routes in this booklet make use of the Dutch cycle network. The routes are easy to follow by cycling from one numbered intersection to the next. All you need to do is keep track of the numbers of the intersections and follow the signposts. There are information panels at each intersection showing a map of the area and useful information.

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1

Flat



Dykes/rivers



Urban

## ART SECRETS: NIJMEGEN - MILLINGEN AAN DE RIJN

52  
km

Nijmegen's floodplains feature numerous interesting artworks that depict the relationship between humankind and the water. This route takes you past those artworks and reveals secrets about periods of flooding and historical events. Your route starts at the 'De Gelderse Poort' café, the gateway to the area of outstanding natural beauty of the same name. The café's large terrace is a great place to have a drink or bite to eat and enjoy the view of the river. The cycle route starts by taking you through the Waal basin towards the centre of Nijmegen. On the way, you will pass Het Gezicht van Nijmegen (a giant model of a Roman mask), the Waal monument and the city bridge called De Oversteek. You will also cycle through the Ooijpolder and past the Telpost Millingen, which used to be where they counted sheep but now serves as an artists' studio.



### Start and finish:

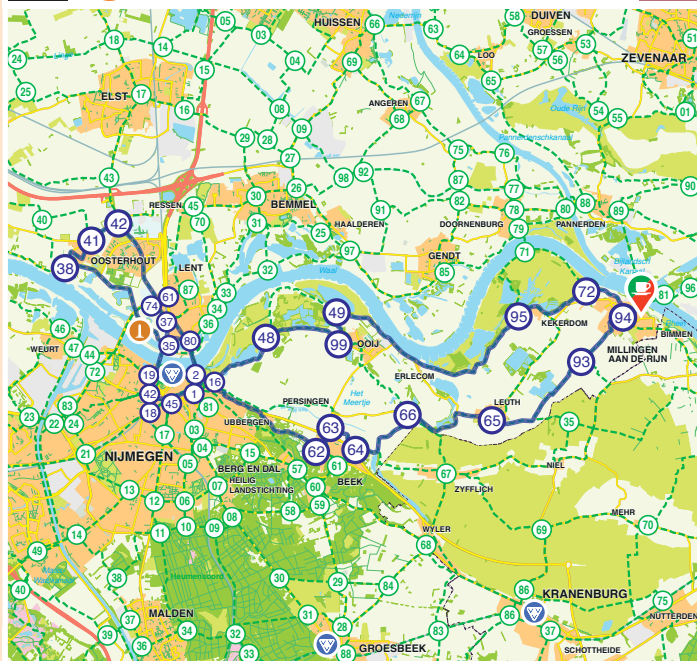
Café 'De Gelderse Poort'  
Rijndijk 6, Millingen aan de Rijn



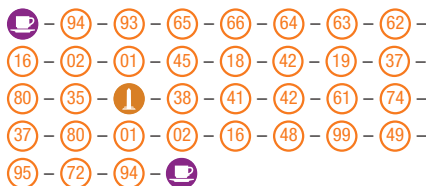
1



# ART SECRETS: NIJMEGEN - MILLINGEN AAN DE RIJN

52  
km

Numbers intersections cycle route:



1 Waalmonument



Oosterhoutsedijk 90,  
Nijmegen





2



Partly flat



Varied

## E-BIKE-ROUTE - RIJK VAN NIJMEGEN

62  
km

This e-bike route through the Rijk van Nijmegen region will reveal just how varied this area is. The route takes you through the ever-changing landscape and past the key places of interest. The e-bike route has been specially devised for electric bikes and includes several places where you can charge your battery along the way. Start the route at Restaurant de Thornse Molen, where you can learn about the history of the Thornse Molen windmill as well as buying refreshments. After that, cycle southwards close to Beek, up the steep lateral moraine. Stop and look backwards to admire a magnificent view of the floodplains. The route continues through the woodlands around Groesbeek and Malden, and into the bustling centre of Nijmegen. The simple café at Hotel Oortjesheken in the Ooijpolder is a good place to stop along the way. It has been a very popular place to relax and get away from it all since 1600!



### Start and finish:

Restaurant De Thornsche Molen  
Thornsestraat 20, Persingen

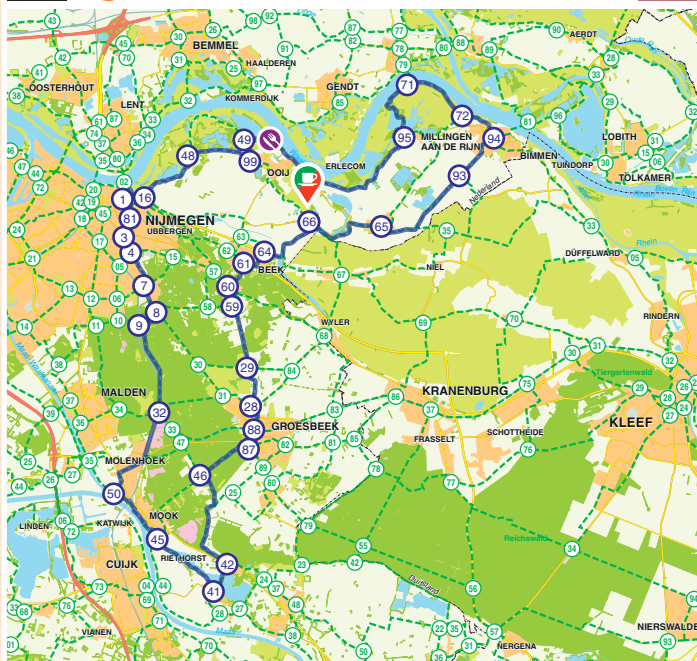


2

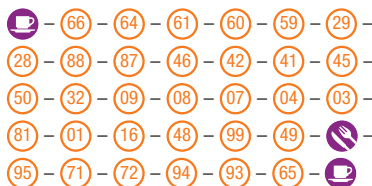


# E-BIKE-ROUTE - RIJK VAN NIJMEGEN

62 km



Numbers intersections cycle route:



Hotel Restaurant  
Oortjeshekken



Erlecomsedam 4, Ooij



3



Flat



Rural



Dykes/rivers

## BETUWSE WWII ROUTE

60  
km

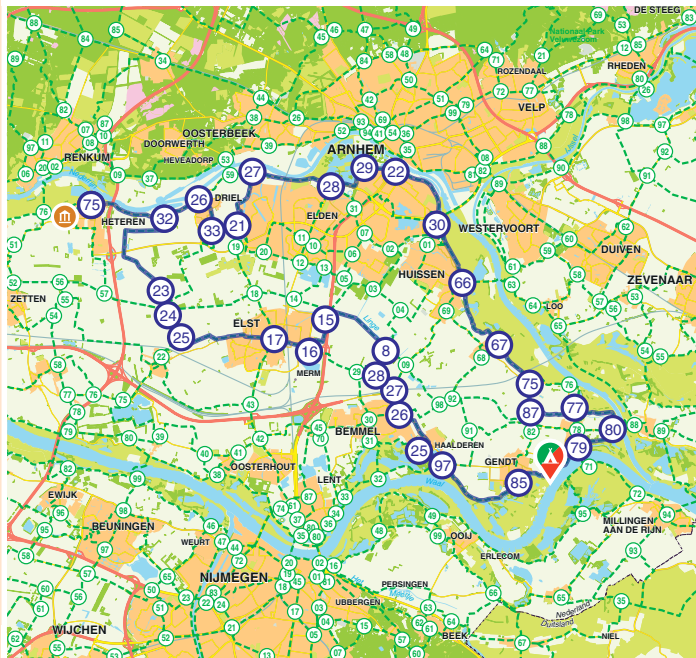
Many people don't realise that the Betuwe region has so much history related to the Second World War, which is why the Betuwe WWII route takes you past significant sites. A number of museums and monuments in the region keep the memories alive by telling the story of the Betuwe region during the Second World War. Learn about the 'Manneneiland', where men who farmed in the area remained after the women and children were evacuated, about floods and about parachute landings in this area. The route starts at Camping Waalstrand and takes you via the landscaped park, Lingezege, past 'de Vleugel' – a monument representing the wing of an aircraft – and the Landgoed Schoonderloot country estate. During the war, the estate was the headquarters of the 2nd battalion, 506th Infantry Regiment of the United States Army and was immortalised in the TV series Band of Brothers. You will also pass two war museums – Oorlogsmuseum Niemandland in Gendt and the Betuws Oorlogsmuseum 'The Island' 1944-1945 – as you cycle through the countryside that was flooded by the Germans in 1944.



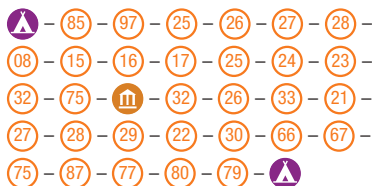
### Start and finish:

Camping Waalstrand  
Waalwijk 23A, Gendt





Numbers intersections cycle route:



Betuws War Museum  
'The Island' 1944-1945



O.L. Vrouwestraat 36 Heteren



4



Hilly



Varied

## LIBERATION ROUTE NIJMEGEN

45  
km

Fierce battles were fought in the Rijk van Nijmegen during the Second World War. A substantial part of the centre of Nijmegen was wiped out, large parts of the Ooijpolder were flooded and the border region near Groesbeek saw heavy fighting on the Western Front. Nijmegen was finally liberated during Operation Market Garden in September 1944. This route takes you past places that commemorate the battles and where you can pause to reflect on the freedom we enjoy today. The route starts at the Vrijheidsmuseum ('Freedom Museum'), where you can listen to stories about war and peace without borders from different perspectives. Further on, in Overasselt, you can use your smartphone to listen to one of the Liberation Route Europe stories about a 1940s performance by Josephine Baker. Once in Nijmegen, the route takes you along the River Waal with a view of the Waalbrug bridge, both of which played a significant role in the liberation offensive of 1944.



**Start and finish:**  
Vrijheidsmuseum  
Wylterbaan 4, Groesbeek



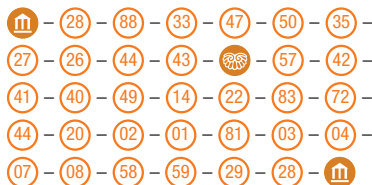
4



# LIBERATION ROUTE NIJMEGEN

45  
km

Numbers intersections cycle route:



**Luisterkei Josephine  
Baker Treedt op!**



Hoogstraat 15, Overasselt





5



Hilly



Woods



Rural

## REICHSWALD ROUTE

57  
km

Discover the lateral moraine landscape between Nijmegen and Kleve (in Germany) on this cycle route. The considerable differences in height emerged as the glaciers retreated during the ice age. Apart from being hilly, the lateral moraine area is also very diverse; the wooded, hilly terrain at the start gradually changes into vast meadows dominated by the man-made landscape. The cycle route also takes you past various places of interest. First, you will come to the Afrika Museum, where you can learn about art and cultures from the African continent. After that, you will pass the church in Zylfflich, which is over a thousand years old, and historic Kranenburg. The Duivelsberg (the highest point in the region) and part of the old railway line between Nijmegen and Kleve are on this route too.



### Start and finish:

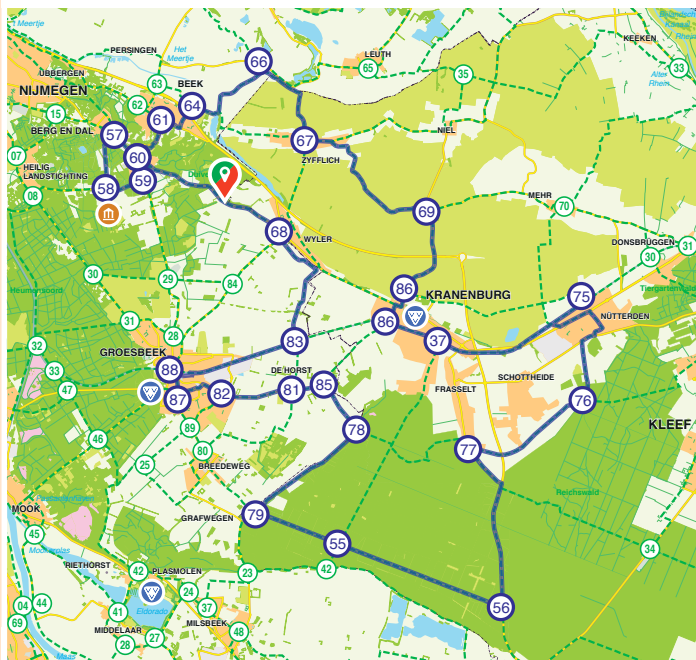
Car park De Holdeurn  
Oude Kleefsebaan, Berg en Dal



5



# REICHSWALD ROUTE

57  
km

Numbers intersections cycle route:



Afrika Museum



Postweg 6, Berg en Dal



6



Hilly



Woods



Gentle inclines

## WINE ROUTE

28  
km

This cycle route leads you through the hilly area around Groesbeek, which has become a key wine-growing region over the last few years thanks to its unique soil. In fact, now that it boasts so many vineyards, Groesbeek can rightly be called the leading wine village in the Netherlands. Start the 'Wine route' at Nederlands Wijnbouwcentrum (the Dutch viticulture centre) where you can enjoy coffee, lunch and a tasting session of wines from Groesbeek, accompanied by local delicacies. Along the way, you will pass the various vineyards that abound in the area. The countryside is almost too beautiful to admire only from the saddle, so it's certainly worth stopping for a while. Why not take a break at the Wijnterras De Holdeum open-air wine bar, where you can drink a glass of delicious wine made on the premises while surrounded by the grapevines. Please note: some vineyards are open all the time, while others have fixed opening hours.

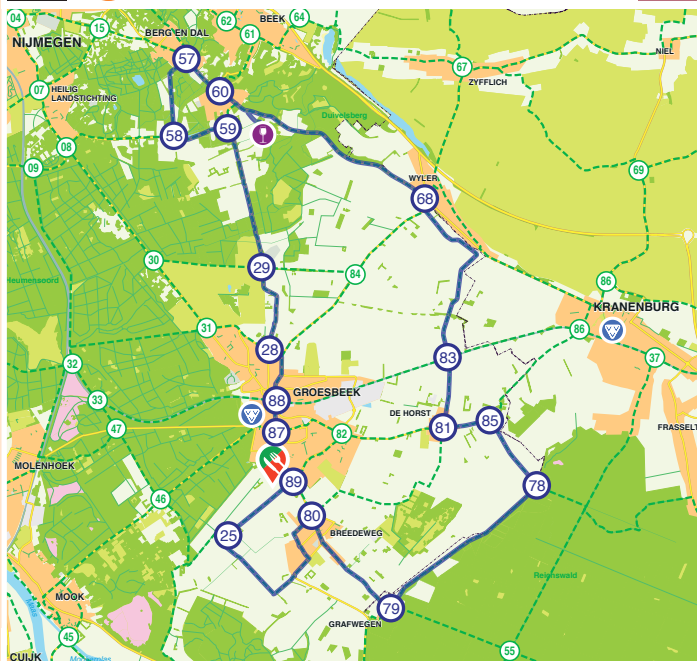


### Start and finish:

Nederlands Wijnbouwcentrum  
Bredeweg 2, Groesbeek



28  
km



	89	25	80	79
78	85	81	83	68
	60	57	58	59
29	28	88	87	

 **Wijnterras  
De Holdeurn**



Oude Kleefsebaan 132,  
Berg en Dal



7

Flat



Dykes/rivers



Heathland

## LIBERATION ROUTE

### HEUMEN - MOOK

44  
km

During Operation Market Garden, the allies entered the Rijk van Nijmegen from the direction of Grave and Overasselt. This cycle route follows part of the way they travelled during the liberation of Western Europe in 1944 and 1945. Along the way, you will pass various places that played a significant role during the Second World War. The route starts at the Herberg 't Zwaantje inn, from where you cycle through the Groesbeek forest and Heumen towards Overasselt. There is a 'Liberation Route Europe' audio spot near the bridge in Heumen where you can use your smartphone to listen to stories about the capture of the bridge. A similar audio spot can be found on the Mookerheide nature reserve near the military cemetery. Between intersections [45](#) and [46](#) on your route, after you have crossed the new cycle bridge between Katwijk and Mook, you can listen to the story of the lost grave of Private Eric Holmes.



#### Start and finish:

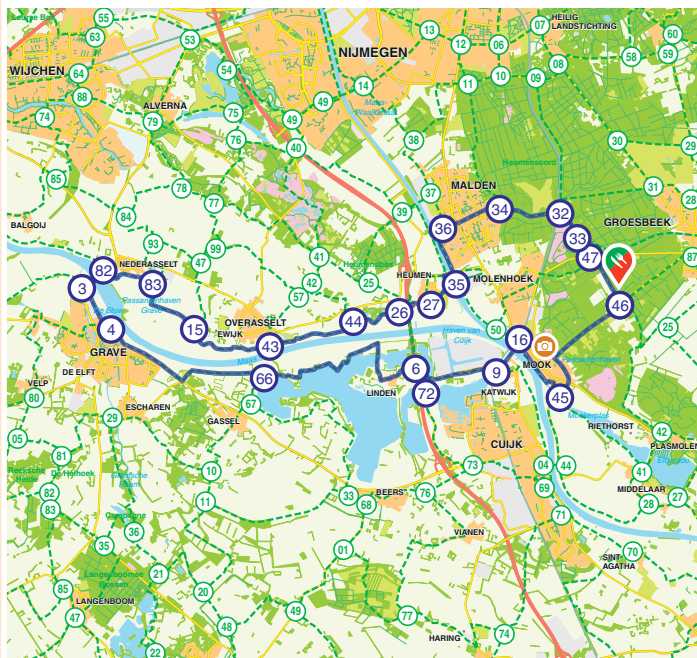
Herberg Restaurant 't Zwaantje  
Groesbeekseweg 106, Mook



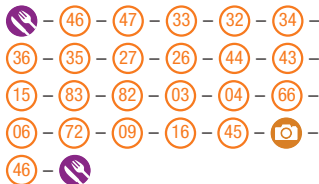
# LIBERATION ROUTE

## HEUMEN - MOOK

44  
km



### Numbers intersections cycle route:

 **Mook War Cemetery**

Groesbeekseweg 21,  
Mook





8

Flat



Dykes/rivers



Rural

## THE BLUE GOLD - ALONG THE WAAL

47  
km

Nationaal Landschap De Gelderse Poort is an area of outstanding natural beauty along the banks of the Waal and Rhine rivers, where the River Rhine flowed through the lateral moraine during the ice age before splitting into two. Today, this area is not only rich in flora and fauna, but is also home to some interesting places to visit, many of which are included in this cycle route. The route starts at Café de Zon, situated next to the man-made secondary channel that has created more room for the water in the River Waal. Along the way, you will cross both the Pannerdensch Canal and the River Rhine by ferry. It is also worth visiting De Bastei museum in Nijmegen, which is devoted to natural and cultural history. There you can learn more about Gelderland's river landscape and the ancient relationship between Nijmegen and the River Waal. What's more, the roof terrace offers a stunning view!



### Start and finish:

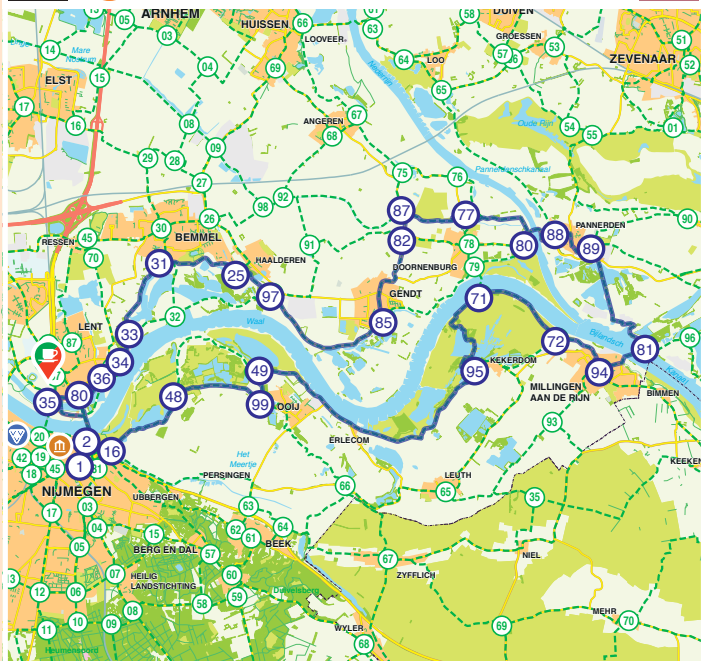
Café De Zon  
Oosterhoutsedijk 16, Lent



8



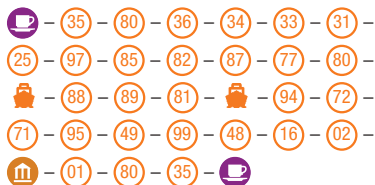
# THE BLUE GOLD - ALONG THE WAAL

47  
km

Numbers intersections cycle route:



De Bastei



Waalkade 83, Nijmegen



9

Flat



Rural



Dykes/rivers

## DYKE SECRETS - EAST

57  
km

For centuries, the rivers have had a major influence on Gelderland's landscape and population. This route reveals the secrets of historical sites around Overasselt, Wijchen and Beuningen. As you cycle along the dykes, you will pass dyke warehouses – such as Dijkmagazijn Beuningen – that were formerly used to store dyke materials. Nowadays, they are often used for cultural purposes or as homes. Today's solid dykes provide protection against the water, but the old dykes were not always successful in preventing floods in the past. However, the river clay that seeped into the landscape has been very good for the area's flora and fauna, and in particular for the wildlife in the Overasseltse and Hatertse fens. The route starts at the Buurderij De Lage Hof agricultural museum and café. Visit the agricultural museum to learn more about the link between rivers and the region's farming heritage. From there, cycle to the end of Laagstraat and turn right onto Garstkampsestraat towards intersection 3.



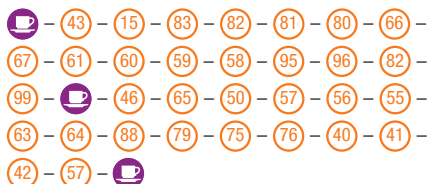
### Start and finish:

Buurderij De Lage Hof  
Kasteelsestraat 5, Overasselt





Numbers intersections cycle route:



Dijkmagazijn  
Beuningen



Dijk 41, Beuningen



10



Partly flat



Urban



Heathland

## LUXURY BEHIND THE LIMES

48  
km

In 15 BCE, the Romans built Gelderland's first encampment: Oppidum Batavorum, now Nijmegen. It marked the inclusion of the area which is now the Southern Netherlands in the Roman Empire. The Rijk van Nijmegen grew to become the military and economic centre of the Netherlands, up until Roman rule withdrew from the Netherlands in the 5th century CE. The Roman Empire extended as far as the area close to the River Rhine and the Lower Rhine (Nederrijn). This was the site of the ancient Roman border called 'The Limes'. Discover the Romans' legacy in the Rijk van Nijmegen by cycling the 'Luxury behind The Limes' route. Start the route at the St. Walrick restaurant, where the large terrace provides views across the scenic Overasseltse and Hatertse fens. Stop for a break at Museum Het Valkhof and learn more about the Romans in the Rijk van Nijmegen.



### Start and finish:

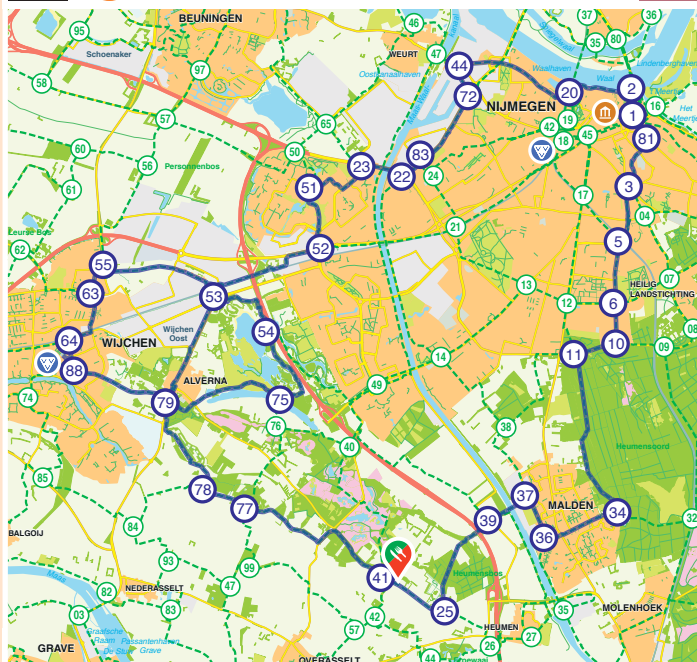
St. Walrick Restaurant  
Sint Walrickweg 5, Overasselt



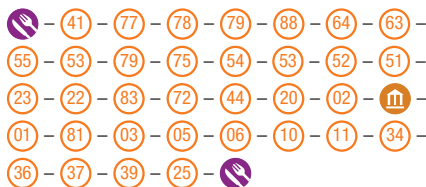
10



## LUXURY BEHIND THE LIMES

48  
km

Numbers intersections cycle route:



Museum Het Valkhof



Kelfkensbos 59, Nijmegen





11



Flat



Dykes/rivers



Rural

## CULTURAL HISTORY IN THE 'LAND VAN MAAS EN WAAL'

51  
km

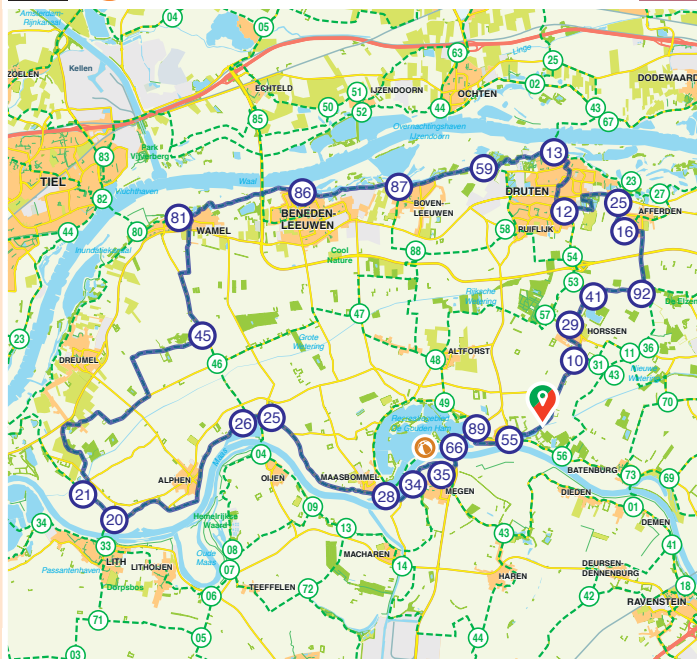
History is all around in the countryside between the Meuse and Waal rivers ('Land van Maas en Waal'). This route takes in some of the best cultural and historical places of interest in the area. The polder windmills and steam-driven pumping stations which once kept the area dry have now been turned into flour mills, residential properties or hospitality venues. The route starts at The Gardens of Appeltern where over 200 model gardens provide inspiration for gardening enthusiasts. You will also cycle past the De Gouden Ham recreational area, which is the perfect location to stop for a drink at one of the many hospitality venues or even for a refreshing dip on a hot day.



### Start and finish:

The gardens of Appeltern  
Walstraat 2A, Appeltern





Numbers intersections cycle route:



Recreational area  
de Gouden Ham



Hamestraat 2, Appeltern



12



Flat



Rural



Dykes/rivers

## LAND VAN MAAS EN WAAL ROUTE

51  
km

Nature abounds in the narrow strip of land between the rivers Meuse and Waal ('Land van Maas en Waal'), which includes sections of reclaimed land, duck decoys, floodplains and little islands covered in trees. This varied area is the backdrop to this cycle route, but there are also several villages where you can take a break along the way. The route starts in Wijchen where you can admire the magnificent renaissance exterior of Wijchen Castle. From there, you cycle through Hernen which is home to an imposing mediaeval stronghold with unique raised, covered walkways. Unlike many other Dutch castles Hernen Castle was never destroyed or besieged, so you can get a good sense of how mediaeval castles looked.



### Start and finish:

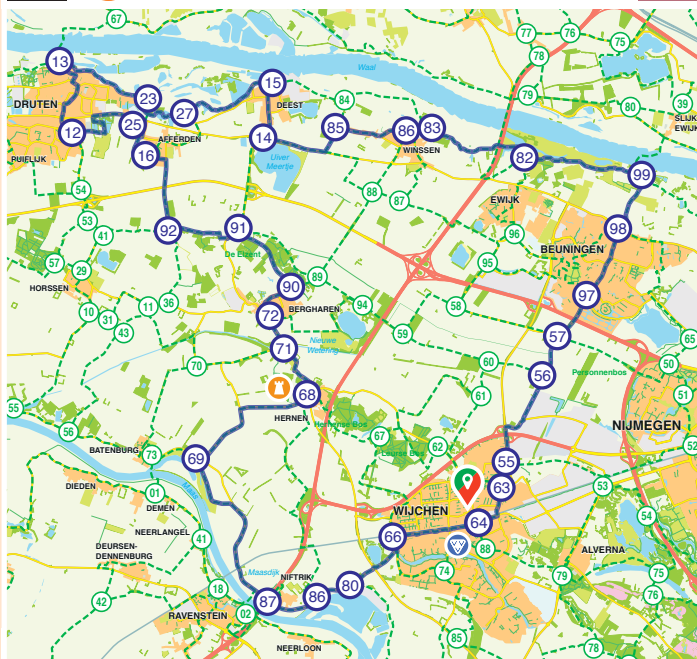
Station Wijchen  
Stationsplein 2, Wijchen



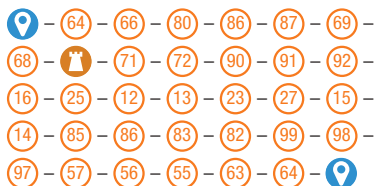
12



# LAND VAN MAAS EN WAAL ROUTE

51  
km

Numbers intersections cycle route:



Heren Castle



Dorpsstraat 40, Hernen



13



Flat



Rural



Dykes/rivers

## DYKE SECRETS - WEST

48  
km

For centuries, the rivers have had a major influence on Gelderland's landscape and population. This route divulges the secrets of historical sites around Druten and Hernen. As you cycle along the dykes, you will pass dyke warehouses which were formerly used as public sheds for storing dyke materials. The nobility of the Land van Maas en Waal preferred to live in large castles, high and dry away from the rising water. This cycle tour takes you to historical places of interest in the area. The route starts at Hernen Castle, a magnificent mediaeval stronghold which is still intact. You will also cycle past the ruins of Batenburg Castle and, at intersection (28), you will reach Maasbommel, a small but welcoming Hanseatic Town on the River Meuse.



**Start and finish:**

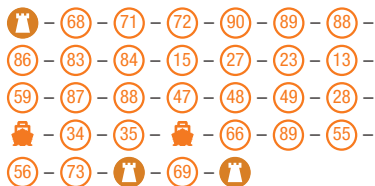
Hernen Castle  
Dorpsstraat 40, Hernen



48  
km



## The ruins of Batenburg



Molendijk 11, Batenburg





14

Flat



Rural



Dykes/rivers

## TOUR OF THE BETUWE

46  
km

Because of the flat landscape, the Betuwe – the area between the Lower Rhine, the River Waal and the River Lek – is ideal for nice long bike rides, plus its diversity means that it has something to offer all year round. If you cycle this route in spring, you will pass beautiful orchards in full bloom, while in the autumn the trees are full of luscious fruit. This route crosses the River Linge – the longest river in the Netherlands – not once but twice. Along the way, you will cycle through charming villages where you can take a break, and special spots for birdwatching in the marshes. The Rijkerswoerdse Plassen lakes are on this route too, so if it's a hot summer's day you might feel like making an extra stop to take a refreshing dip.



### Start and finish:

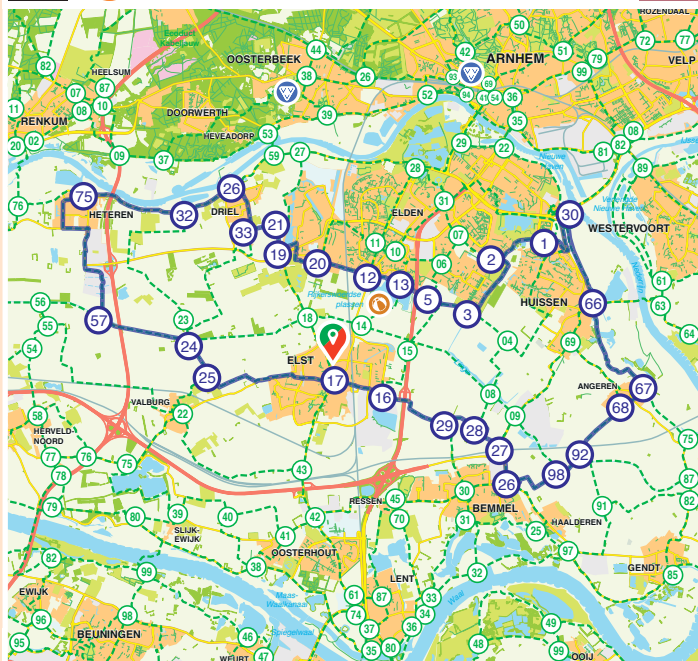
Car park Land van Tap  
Wagenmakersstraat 17, Elst



14



## TOUR OF THE BETUWE

46  
km

Numbers intersections cycle route:

Rijkerswoerdse  
plassenRijkerswoerdsestraat 1,  
Arnhem



15



Flat



Rural



Dykes/rivers

## LOCAL PRODUCE OF THE BETUWE

35  
km

The Betuwe is known for its orchards, which look simply stunning when they blossom in springtime. Thanks to the fertile soil, there is an abundance of local produce available in the area – so this route is not only pretty, but also delicious! Start/finish your day by treating yourself to some tasty treats from the Fruitbedrijf en Landwinkel de Woerd farm shop. The farm has been growing various varieties of apples, pears, cherries, Morello cherries, medlars, walnuts and plums since 1977. Along the route, you will also pass the Landgoed Doornik country estate, where cold smoked salmon is on sale – so enjoy the magnificent, varied landscape of the Betuwe and stop off occasionally to sample the local produce!



**Farm shop  
De Woerd**

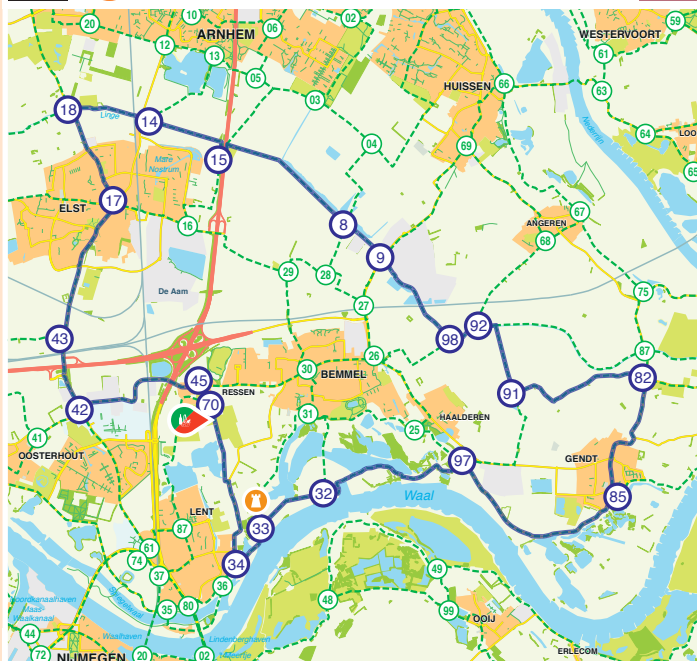
Woerdsestraat 4, Ressen



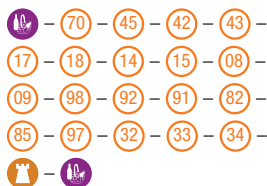
15



# LOCAL PRODUCE OF THE BETUWE

35  
km

Numbers intersections cycle route:



Country Estate Doornik



Doornik 1A, Bommel.



16



Flat



Rural

## TOUR OF LINGEZEGEN PARK

41  
km

Park Lingezegen is a 1,700-hectare landscaped park where people and nature live together in harmony, situated between Arnhem and Nijmegen. This cycle route takes you through the park and reveals hidden gems along the way, such as avenues of tall trees, wooded areas and, of course, the River Linge. The route starts at Landerij De Park: a nature discovery centre where children can come into contact with nature in unexpected ways. There is a restaurant serving refreshments and there are also charging points for electric bikes. The route takes you on past the Water Ydille, a marshy nature reserve that is a haven for birdwatchers. Part of the route takes you along the dyke beside the River Waaland, and if you're lucky you might spot some wild cattle or horses roaming on the floodplains!



### Start and finish:

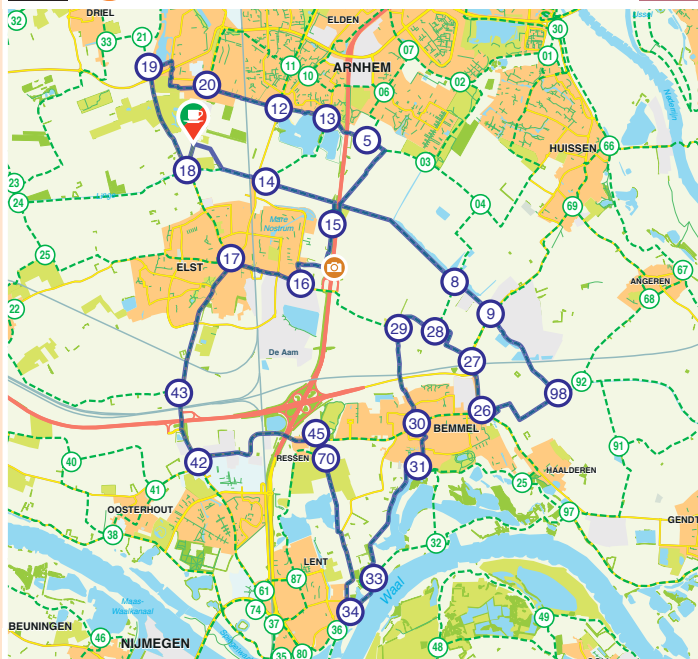
Landerij De Park  
De Park 12, Elst



16



## TOUR OF LINGEZEEN PARK

41  
km

Numbers intersections cycle route:

Nature reserve  
de Water Ydille

RijnWaalpad, Elst